Obesity (Adults)

> **Obesity (Adults)**
> •Most recent data (2013): 22% or about 335,700 King County adults age 18+.
> •Trend over time: 2000-08: rising; 2008-13: flat
> •Description: Body Mass Index greater than or equal to 30

Obesity (adults), King County, 2009-2013 average

	Percent	Lower CI	Upper CI
King County (adults age 18+)	22	21	23
AGE			
18-24	10	7	12
25-44	21	19	23
45-64	27	25	29
65+	22	20	24
GENDER			
Male	23	22	25
Female	21	19	22
RACE/ETHNICITY			
AIAN	44	32	57
Asian	8	6	10
Black	37	32	44
Hispanic	25	21	30
Multiple	23	17	31
NHPI	30	19	44
White	22	21	24
HOUSEHOLD INCOME			
<$15,000	27	23	32
$15,000 to $24,999	23	20	27
$25,000 to $34,999	22	19	26
$35,000 to $49,999	28	24	32
$50,000 to $74,999	24	21	27
$75,000+	19	17	20
REGION			
East	18	16	20
North	21	17	25
Seattle	17	15	18
South	30	28	32

Comparisons:

Higher than King County rate (yellow)

Lower than King County rate (green)

Notes:

Source: Behavioral Risk Factor Surveillance System.

Prepared by Public Health - Seattle & King County, APDE, 12/2014.
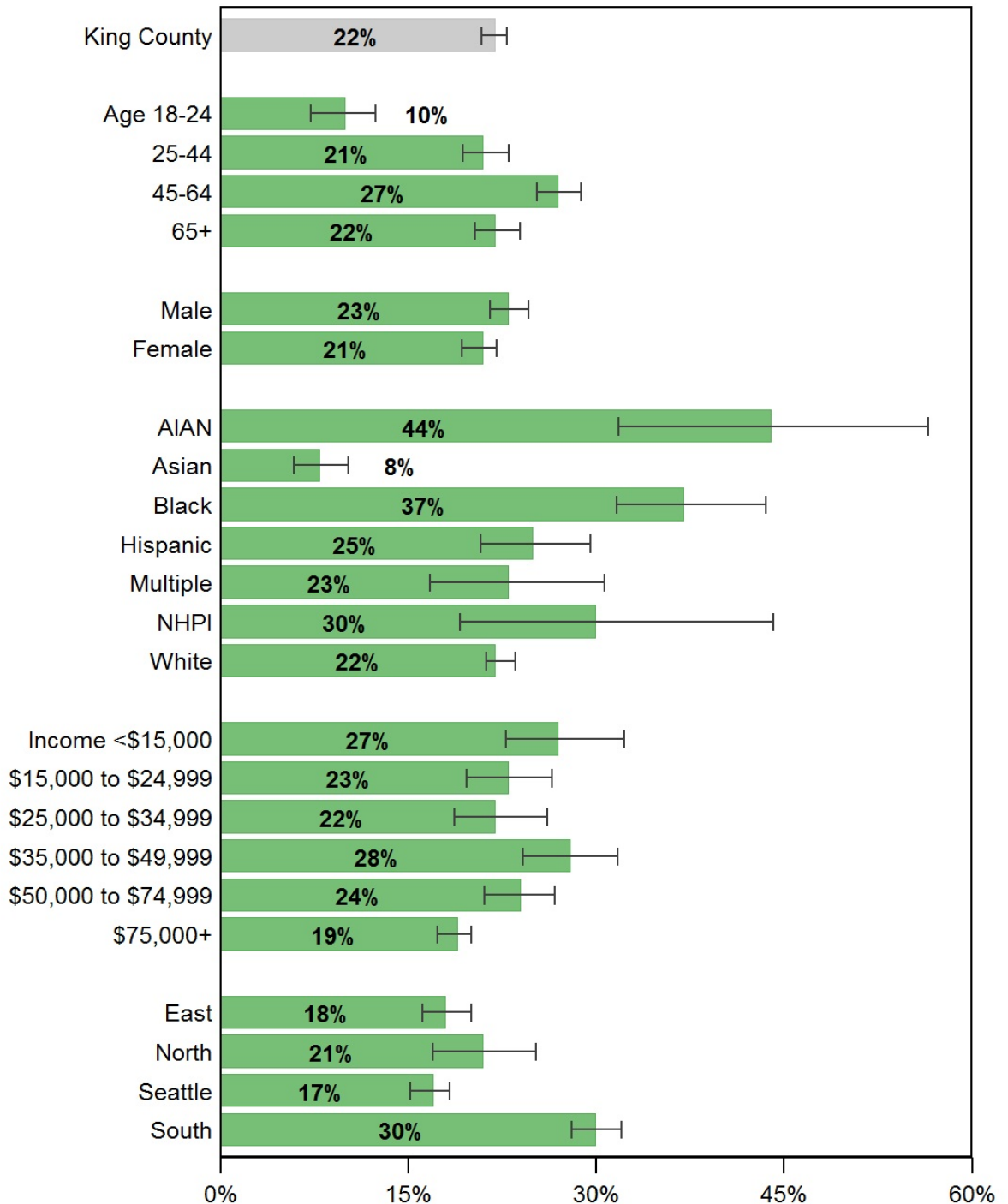
CI is 95% Confidence Interval.

* Too few cases to protect confidentiality and/or report reliable rates.

§ Too few cases to meet precision standard, interpret with caution.

Persons of Hispanic ethnicity can be of any race and are included in the racial categories.

Obesity (adults)
King County, 2009-2013 average

Category	Percent
King County	22%
Age 18-24	10%
25-44	21%
45-64	27%
65+	22%
Male	23%
Female	21%
AIAN	44%
Asian	8%
Black	37%
Hispanic	25%
Multiple	23%
NHPI	30%
White	22%
Income <$15,000	27%
$15,000 to $24,999	23%
$25,000 to $34,999	22%
$35,000 to $49,999	28%
$50,000 to $74,999	24%
$75,000+	19%
East	18%
North	21%
Seattle	17%
South	30%

Source: Behavioral Risk Factor Surveillance System.
Prepared by Public Health - Seattle & King County, APDE, 12/2014.
|------| Confidence interval shows range that includes true value 95% of the time.
* Too few cases to protect confidentiality and/or report reliable rates.
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Obesity (adults) by comparison areas

The Healthy People 2020 Objective for obesity (adults) is 31%.

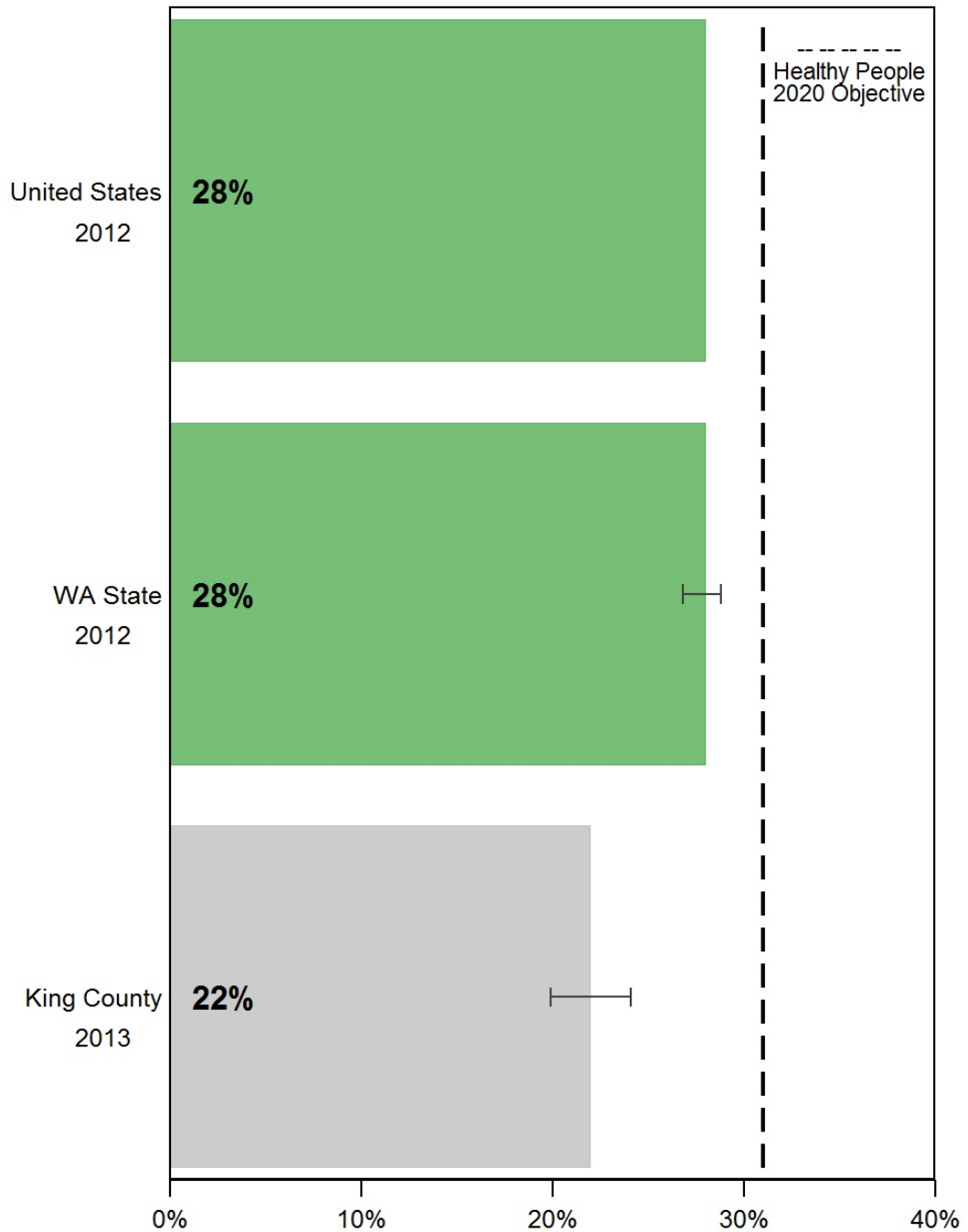|	Latest Available Year	Percent	Lower CI	Upper CI
United States	2012	28	N/A	N/A
WA State	2012	28	27	29
King County	2013	22	20	24

Notes:

Source: Behavioral Risk Factor Surveillance System.

Prepared by Public Health - Seattle & King County, APDE, 12/2014.

N/A: Not available.

CI is 95% Confidence Interval.

Obesity (adults)
by comparison areas

Source: Behavioral Risk Factor Surveillance System.
Prepared by Public Health - Seattle & King County, APDE, 12/2014.
|------| Confidence interval shows range that includes true value 95% of the time.

Obesity (adults) by health reporting areas, King County, 2009-2013 average

	Percent	Lower CI	Upper CI
King County (adults age 18+)	22	21	23
Auburn	34	28	41
..Auburn-North	29	22	37
..Auburn-South	41	30	53
Bear Creek/Carnation/Duvall	23	18	30
Bellevue	14	11	17
..Bellevue-Central	18	10	28
..Bellevue-NE	14	10	21
..Bellevue-South	14	10	19
..Bellevue-West	9	5	14
Black Diamond/Enumclaw/SE County	30	24	37
Bothell/Woodinville	23	16	32
Burien	34	27	42
Covington/Maple Valley	32	25	40
Des Moines/Normandy Park	23	16	30
East Federal Way	43	32	54
Fairwood	20	13	30
Federal Way	30	24	36
..Fed Way-Central/Military Rd	31	23	39
..Fed Way-Dash Point/Woodmont	29	21	39
Issaquah	24	14	37
Kenmore/LFP	22	14	31
Kent	34	29	40
..Kent-East	42	31	53
..Kent-SE	30	24	38
..Kent-West	38	27	50
Kirkland	20	16	25
..Kirkland	20	15	27
..Kirkland North	21	15	28
Mercer Isle/Pt Cities	12	8	19
Newcastle/Four Creeks	22	15	30
North Highline	22	13	35
Redmond	16	11	22
Renton	28	23	33
..Renton-East	18	13	25
..Renton-North	33	22	45
..Renton-South	30	23	39
Sammamish	15	11	20
SeaTac/Tukwila	29	21	37
Seattle	17	15	18
..Ballard	14	10	19
..Beacon/Gtown/S.Park	16	10	24
..Capitol Hill/E.lake	10	7	15
..Central Seattle	17	11	25
..Delridge	28	21	37
..Downtown	15	10	21
..Fremont/Greenlake	9	7	13
..NE Seattle	10	7	13
..North Seattle	22	17	28
..NW Seattle	25	18	33
..QA/Magnolia	18	12	26
..SE Seattle	18	12	26
..West Seattle	21	16	26
Shoreline	17	13	22
Snoqualmie/North Bend/Skykomish	26	19	34
Vashon Island	18	12	27

Comparisons:

Higher than King County rate (yellow)

Lower than King County rate (green)

Notes:

Source: Behavioral Risk Factor Surveillance System.

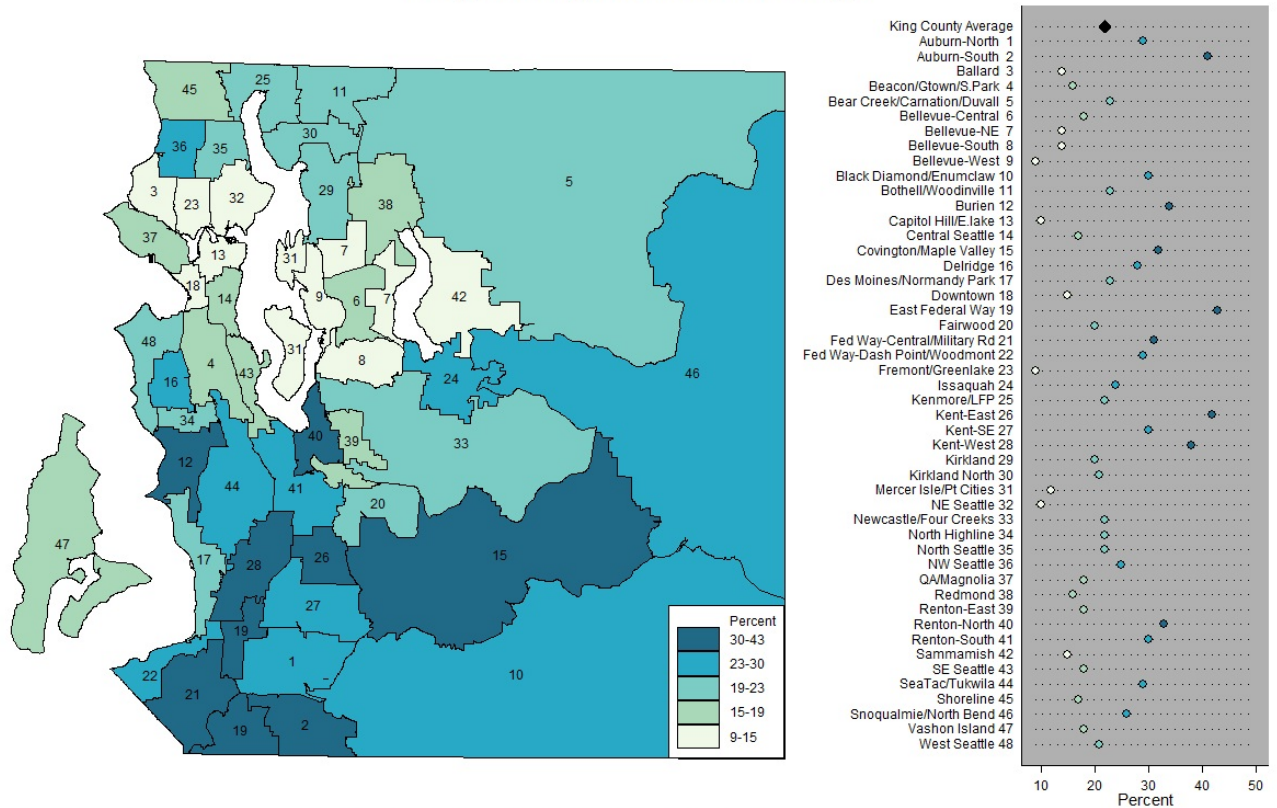Prepared by Public Health - Seattle & King County, APDE, 12/2014.

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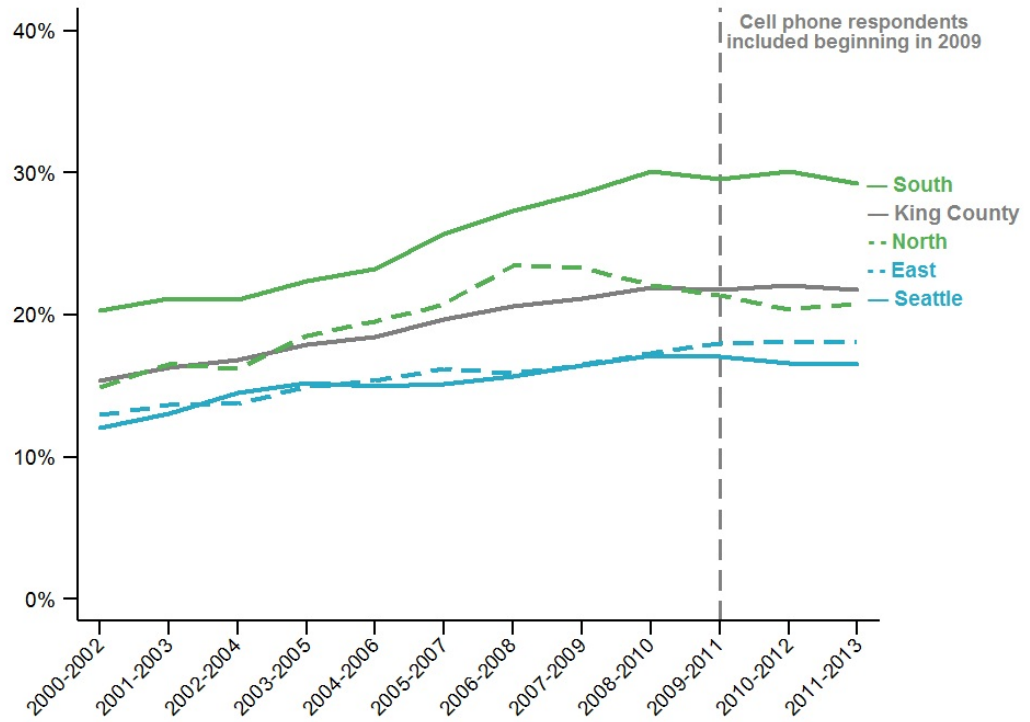§ Too few cases to meet precision standard, interpret with caution.

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Obesity (adults) by health reporting areas
King County, 2009-2013 average

Note: HRA labels on the map match the chart on the right, listed in alphabetical order
Source: Behavioral Risk Factor Surveillance System.
Prepared by Public Health - Seattle & King County, APDE, 12/2014.

Obesity (adults)
King County, 2000-2013, three-year rolling averages

Source: Behavioral Risk Factor Surveillance System.
Prepared by Public Health - Seattle & King County, APDE, 12/2014.

King County
Hospitals
for a Healthier
Community